

Bio for Ted Cornelius

Ted Cornelius serves as the Executive Director of the Tennessee State Alliance of YMCAs and leads the Tennessee Statewide Pioneering Healthier Communities Project; which is a policy and built environment strategy for healthier living in communities. Ted also serves as the Vice President of Health Innovation for the YMCA of Middle TN and supports prevention strategies that improve the health of individuals and the health of communities. Ted completed his B.S. degree in Community Health Promotion from Liberty University and currently holds a board certification in coaching. Ted has served the YMCA community for over 18 years. He has served as the co-chair for the Tennessee Obesity Task Force in partnership with the Tennessee Department of Health; and was the appointed chair of the Healthy Nashville Leadership Council by former Nashville Mayor Karl Dean. During that time the community health improvement plan (CHIP) was formed for Nashville and is still being used to direct work around the priority areas of health equity, mental/emotional health, and the built environment for the city. Ted continues to serve on a variety of local, state, and national committees related to these fields.