

Robert H. Lustig, MD, MSL

Robert H. Lustig, M.D., M.S.L. is Emeritus Professor of Pediatrics in the Division of Endocrinology, and Member of the Institute for Health Policy Studies at UCSF. Dr. Lustig is a neuroendocrinologist, with expertise in obesity, diabetes, metabolism, and nutrition. He is one of the leaders of the current “anti-sugar” movement that is changing the food industry. He has dedicated his retirement from clinical medicine to help to fix the food supply any way he can, to reduce human suffering and to salvage the environment, by interacting with all stakeholders to bring them together around a common vision of metabolic health: *protect the liver, feed the gut, support the brain*. Dr. Lustig graduated from MIT in 1976, and received his M.D. from Cornell University Medical College in 1980. He also received his Masters of Studies in Law (MSL) degree at University of California, Hastings College of the Law in 2013. He is the author of the popular books *Fat Chance* (2012), *The Hacking of the American Mind* (2017), and *Metabolical* (2021). He is the Chief Science Officer of the non-profit Eat REAL, and he is a member of the Nutrition Task Force of the American Dental Association. He is on the Advisory Boards of the UC Davis Innovation Institute for Food and Health, the Center for Humane Technology, Simplex Health, Levels Health, Journeys Metabolic, and Myka Labs. He is also the Chief Medical Officer of BioLumen Technologies, Perfact, and Kalin Health.