

Erika Tebbens lives with her husband Chris (a veteran of the US Navy) and eleven-year-old son Jack in Ballston Spa, NY. They live 40 minutes north of Albany and are very active in their community. Erika has been running a successful business as a Director with Thirty-One Gifts for the past 2 years. She also runs a local chapter of Girl Talk, a national peer-to-peer mentoring organization for girls in middle and high school. Chris is a supervisor at General Electric and a volunteer firefighter. Erika's passions are helping women start their own successful businesses, working with tweens/teens, traveling, reading, knitting, and spending quality time with her family.

In 2003 when she was pregnant with her son, she learned through a civilian about the WIC program. She was a U.S. Navy spouse and was able to qualify for the program. She utilized WIC through the time her son was 18 months old, when she was able to secure steady, full-time work in retail management for Calvin Klein. She was unable to qualify for SNAP benefits during the time she was on the WIC program.